



United Way of Long Island

Re-Building Right

Post Sandy strategies for your home

Rick Wertheim Senior VP Housing & Green Initiatives

"It was an extremely devastating and destructive storm, hopefully one that people will only see once in their lifetime"

Joe Pollina

National Weather Service meteorologist



Topics for review

- Re-build, Repair, or Relocate?
- Your “House as a System”
- What is Green Building?
- Options for your construction project
- Incentive Programs

Re-build, Repair, or Relocate ?

Hurricane Sandy Road to Recovery: A New York Homeowner's Guide



http://184.72.33.183/Public/Public_Documents/New_York_Homeowner_Guide.pdf

Rebuild ?

- Home is substantially damaged



Repair ?

- Repairs are less than 50% of the value of the home



Relocate ?

- Property is substantially damaged
- Area prone to constant and repeated storm damage



After the Chaos of the storm, we have the opportunity to Re-Build differently

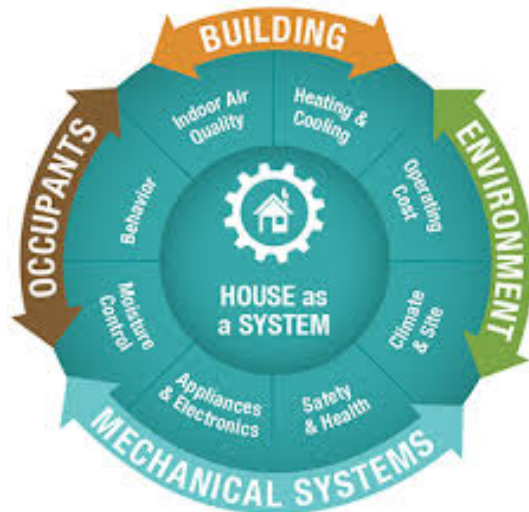
- Looking at the parts of our homes as a set of integrated components
- How can we improve our living conditions of our home environment?
- What are my next steps?



House as a System



House as a System



Convergence of different building pathways



**National Center for
Healthy Housing**



What is Green Building ?

- Can mean different things
- Don't forget the EE in Green (Energy Efficiency)
- Mostly speaks to
 - Sustainable
 - Durable
 - Healthy
 - Earth friendly



Options for your Construction Project

1. Adhere to ALL Zoning, Building, Flood Zone requirements first
2. Foundation
3. Building Envelope a.k.a (Shell)
4. Thermal & Moisture protection
5. Mechanical Equipment
6. Equipment and Appliances



Building Codes

1. Will be different for homes that are rebuilt
2. 50% rule
3. ALWAYS will require an architect or engineer
4. Flood Plane and house elevation
5. Building Dept. is there to insure

Occupant health and safety



Foundation Choices

Concrete block



Foundation Choices

Poured Concrete



Foundation Choices

With Both of those choices

- **Insulation is the key!**
- **Exterior application**



Foundation Choices

- **Interior application**



Foundation Choices

High Performance Options

- **Modular Foundation**
 - “Superior Wall Co.”
 - Insulation built in



Foundation Choices

High Performance Options

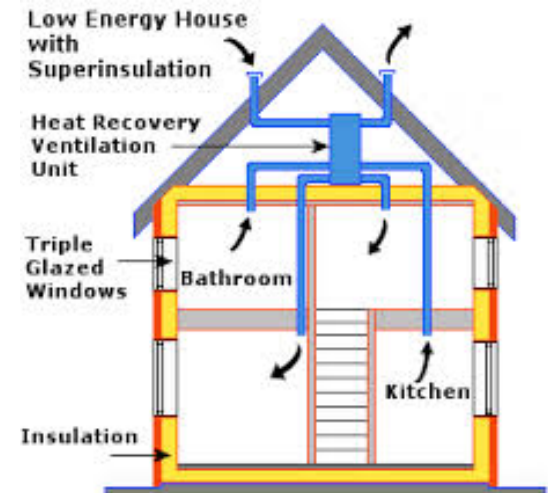
- **Insulated Concrete Forms**
 - **ICF's**
 - **Pour concrete in**
 - **Can build walls too**



Building Envelope Choices

Rule #1

- ***“Build it tight, Ventilate Right”***
 - Houses DO NOT need to Breathe
 - They need Controlled Air exchanges



Building Envelope Choices

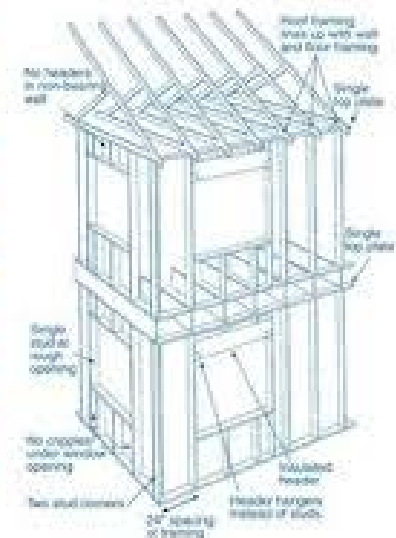
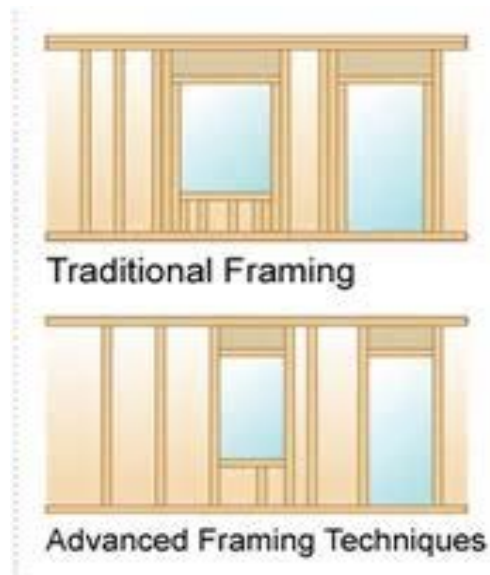
Traditional Framing

- *If you go traditional wrap it with rigid!*
- Excellent thermal and moisture barrier



Advanced or Stacked Framing

- *aka; Optimal Value Engineering (OVE)*
 - Less wood, more insulation, less money
 - What's the catch?



Building Envelope Choices

Advanced Choices

- ***SIPS – Structural Insulated Panels***
 - Styrofoam sandwich
 - Super Tight and Efficient



Super Hi Performance SIPS Home

47 Patton St, Brentwood



Super Hi Performance SIPS Home

47 Patton St, Brentwood



Super Hi Performance SIPS Home

47 Patton St, Brentwood



Built with Pride by YouthBuild Long Island Student/Trainees

Super Hi Performance SIPS Home

47 Patton St, Brentwood



Built with Pride by VetsBuild Long Island Student/Trainees

Building Envelope Choices

Rule # 2

- *If you insulate, you must ALSO...*
- **Air Seal**



Thermal and Moisture protection Choices

Types of Insulation

- *Fiberglass Batts*
 - **DOES NOT Air Seal**
 - **Virtually impossible to install perfectly**
 - **Loses effectiveness when compressed**



Thermal and Moisture protection Choices

Poor installation

- Compressed
- Gaps
- Stapled wrong
- Lost over 30% of its effectiveness



Thermal and Moisture protection Choices

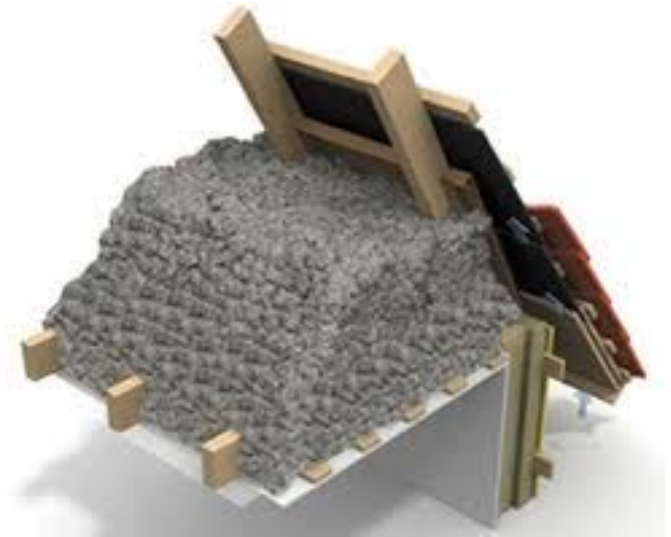
Cellulose

- **Recycled newspaper**
- **Fire proof**
- **Safe to handle**
- **Can be applied 3 ways**



Thermal and Moisture protection Choices

Loose Fill in Attic



Thermal and Moisture protection Choices

Damp Spray in Walls



Thermal and Moisture protection Choices

Dense Packed in Walls



Thermal and Moisture protection Choices

Spray Polyurethane Foam (SPF)

- **Fills wall cavities well**
- **Air seals AND insulates**
- **Must be done by qualified installers**
- **Can be done on walls or underside of roofs**



Thermal and Moisture protection choices

Spray Polyurethane Foam (SPF)

Two formulations are:

- Open Cell
- Closed Cell

Open Cell vs Closed Cell		
	Open Cell	Closed Cell
Cost	Less Expensive	More Expensive
Moisture	Vapor Permeable	Vapor Barrier
R-Value per inch	3.6*	6*
Rigidity	Soft and Flexible	Hard and Durable
Major Products	Isynene, Certainteed	BASF, Certainteed, Dow, Isynene



Thermal and Moisture protection Choices

Other insulations:

- Rock wool
- Cotton batts
- Slag Wool



Thermal and Moisture protection Choices

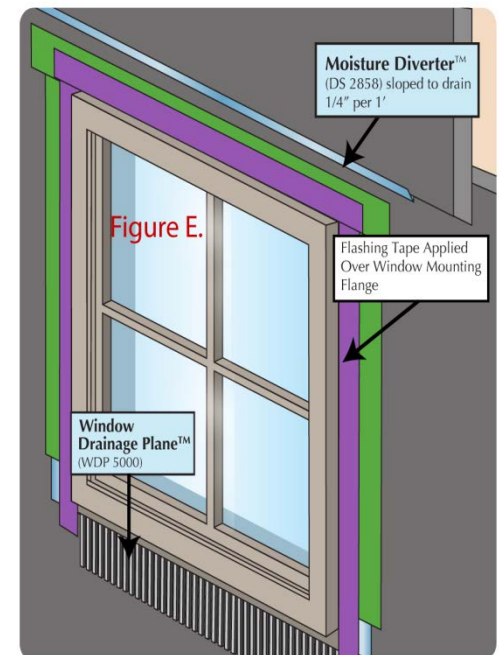
Moisture Protection

- ***Rule # 3***
 - **Create a “Drainage Plane” between siding and house**
 - **Allows water to drain**



Moisture Protection

- ***Rule # 4***
 - The definition of a window or door is:
 - “A hole cut in your house that will eventually leak”
 - When leak occurs- Drainage plane directs water



Thermal and Moisture protection Choices

Moisture Protection

- *Types of Drainage planes:*
 - Wood strips (vertical only)
 - Roll or sheet goods



Mechanical Systems Choices

Heating Equipment

- *Warm Air Furnace*
- **Boilers**
- **Geo-Thermal**
- **Radiant**
- **Combination systems**

Mechanical Systems Choices

Heating Equipment

- ***Warm Air Furnace***
 - **Efficiency up to 98%**
 - **Variable speed**
 - **Multi stage**
 - **Modulating burner**
 - **Can add HEPA filtration**
 - **Direct vent**



Mechanical Systems Choices

Heating Equipment

- *Wall hung Boilers*
 - Efficiency up to 96%
 - Condensing
 - Direct vent
 - Modulating burner
 - Many options



Mechanical Systems Choices

Heating Equipment

- *Geo-thermal*
- *Renewable Energy*
- *Solar Thermal*
- *Electric*



Mechanical Systems Choices

Hydronic Heating distribution

- ***Baseboard***
- ***Radiator***
- ***Radiant***
- ***Hydro-coil***



Mechanical Systems Choices

Cooling Equipment

- *Central Air*
- *Seer up to 21*
- *Ductless Mini Splits*
- *Multiple blowers*
- *No ductwork*



Mechanical Systems Choices

Hot Water Heaters

- *Fuel- gas, oil, or electric*
- *Indirect from boiler*
- *Stand alone heater w tank*
- *On demand (tankless)*
- *Electric heat pumps*

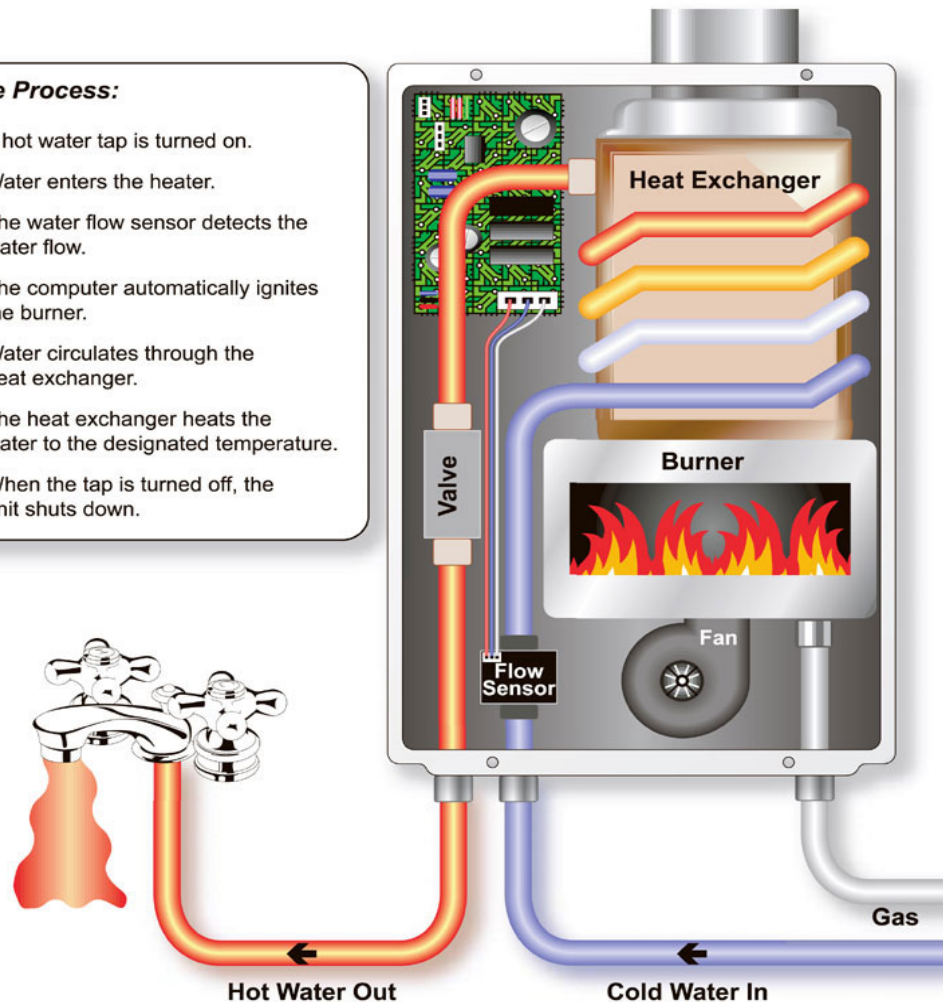


How Does a Tankless Water Heater Work?

On Demand

The Process:

1. A hot water tap is turned on.
2. Water enters the heater.
3. The water flow sensor detects the water flow.
4. The computer automatically ignites the burner.
5. Water circulates through the heat exchanger.
6. The heat exchanger heats the water to the designated temperature.
7. When the tap is turned off, the unit shuts down.



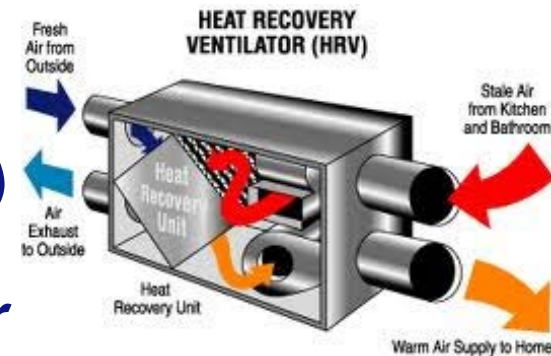
Ventilation

- ***Most important feature of Hi Performance homes!***
- ***Contributes to better IAQ***
- ***Moisture control***
- ***Balanced and controlled***
- ***Automatic***



Types of Ventilation systems

- *Exhaust fans*
- *HRV (Heat Recovering Ventilators)*
- *ERV (Energy Recovering Ventilators)*
- *Pre-heats the cold incoming fresh air*
- *Balanced ventilation solution - Best*



Appliances and Lighting Choices

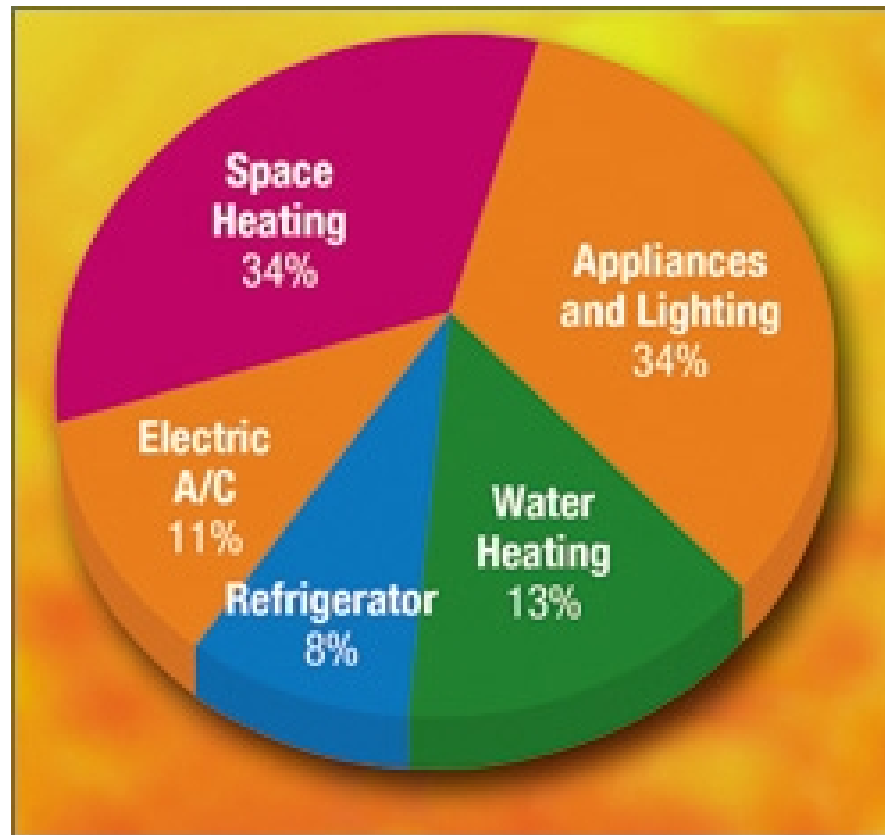
Appliances

- *Always choose appliances that have the Energy Star Label*



Appliances and Lighting Choices

Energy Consumption in your Home



Appliances and Lighting Choices

Lighting

- *Better Choices, better designs/shapes*
- **CFL**
- **LED**



Tips

Choose Contractors Wisely!

- *Not all builders have the requisite training*
- *Check References*
- *Ask for Certifications*



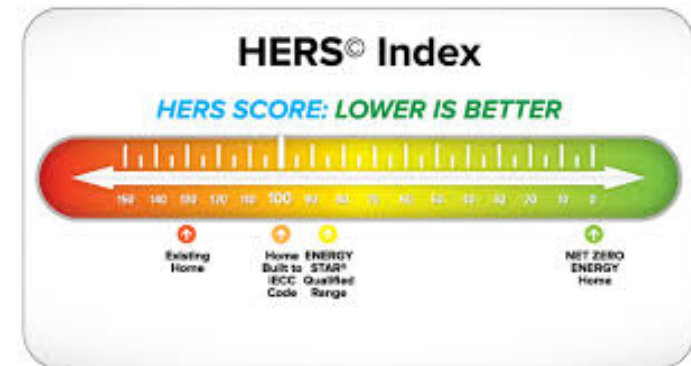
Member



Tips

If you are building new...

- *Make sure you have a HERS rater working on your project*
- *Most towns require the HERS index to pass energy code*
- *Enroll in LIPA's Energy Star Labeled Home Program*



Next Generation Building

Incorporates Building Science and Proven Green Building Techniques

- *New Breed of Contractor*
- *Home Performance Contractor*



CERTIFIED
PROFESSIONAL



Utility Incentives

Get \$\$\$\$ back for Energy Efficiency & Green Building



LIPA:

[http://www.lipower.org/residential/efficiency/rebates/Home Performance Contractor](http://www.lipower.org/residential/efficiency/rebates/Home%20Performance%20Contractor)



National Grid:

http://www2.nationalgridus.com/index_li.jsp

- Assistance available to Long Islanders with unmet long term needs
- Call 211 hotline for help
- online at www.211longisland.org

**Don't Forget to ASK
to be assigned a
free Disaster Case
Manager (DCM)**

- Additional Resources available at our website

www.unitedwayli.org

Copies of this presentation will be posted
for future reference

Thank you

Invest in what matters. Changing lives where you live.