



HEADLINES



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Featured Stories



DREAMS FOR YOUTH SCHOLARSHIP PROGRAM

"I'd like to express gratitude to United Way for your continuous support and kindness towards students as we reach for our goals"

Guided by a Mother's Strength

Throughout her adolescence, Kristyne looked up to her mother's strength. As a first-generation Dominican American, Kristyne's mom knew the value of hard work and would often guide Kristyne through her education. While looking at a plethora of scholarships, her mother had found, United Way of Long Island's DREAMS for Youth scholarship stuck out to Kristyne. She appreciated United Way's mission statement and commitment to lifting communities.

Kristyne's time in college was not perfect. Her interest in studying abroad was squashed by the pandemic and she had to work two jobs. However, the DREAMS for Youth scholarship allowed her to take a step back and relax, knowing that there were people who cared about her success. She was able to spend more time getting involved on campus, specifically in organizations aligning with her passion for psychology. She graduated in 2022 with a degree in psychology.

Having gone through mental health struggles, Kristyne understands the counseling system and the importance of mental health care. She is a Behavioral Specialist and the Clinic Coordinator at a Center for OCD and Anxiety. She hopes to open an independent practice focusing on trauma-informed therapy. Kristyne is grateful for the flexibility in her field and the opportunities to help break cycles of generational trauma.



Support and So Much More...

Jamith is a hardworking father who was struggling to make ends meet. He sought help from United Way of Long Island's community partner agency, Housing Help Inc., when he was homeless. At the time, Jamith had a young daughter and his wife was pregnant. Their daughter was registered as 'homeless' at her school. United Way worked closely with Jamith to secure housing and rental payments while he was looking for employment.

Housing stability is crucial for children's development. After finding housing in a different school district, United Way and its network of partners negotiated an agreement with the district, enabling his daughter to attend the remainder of the school year by assisting with transportation. She finished the scholastic year strong.

To mitigate high housing expenses, Jamith's family was provided with grocery store gift cards. His wife was also connected to an agency that provided baby items and furniture.

Jamith secured a new career in Landscape Architecture and was subsequently promoted, which included a salary increase. Free financial counseling further helped Jamith save money and improve his credit score. Through ongoing support from United Way of Long Island's Family Support Project, families like Jamith's have access to the resources they need to succeed in school, work, and life.



Events



The Long Island Insurance Community (LIIC) continues to uphold its fundamental priority of supporting those in need through its annual gala, a cornerstone event showcasing the community's generosity and dedication.

Over 300 guests attended the 28th Annual Gala at The Mansion at Oyster Bay, raising over \$220,000 to benefit United Way of Long Island, Guide Dog Foundation, Long Island Insurance Education Foundation, and Color Me Cancer Free! Foundation. Since 1995, the LIIC has contributed more than \$7 million to local nonprofit organizations.

The Annual Gala honors industry and business leaders whose commitment to the community has significantly improved the quality of life for their neighbors. This year's distinguished honoree was Charles E. Makey III, President and CEO of Merchants Insurance Group.

"I have traveled throughout the country over the past 28 years, and I have never seen an insurance community like the Long Island Insurance Community. That is evident from the charitable contributions of over \$7 million over the years," said Charles E. Makey III. "Cammy Belser, one of the founders of this event and one of the most influential Merchants executives, would have been very proud to see the success of this event. She mentored me, and being here tonight is extra special."

This year's Platinum Sponsors were Merchants Insurance Group and Hudson Valley Agency Alliance; Gold Sponsor: Risk Placement Services; Silver Sponsors: Acrisure, Affiliated Agency Inc., AIG, CNA, HUB International, NEC Specialty, and SterlingRisk Insurance.

(L-R: Linda Nicolino, Chief Legal Counsel at Bethpage Federal Credit Union and United Way of Long Island Board Chair; Theresa Regnante, President & CEO of United Way of Long Island; Gloria Gargano, Small Business National Sales Executive Director and LIIC Board Co-Chair; Mary Mondrick, Senior Sales Executive Select Account Division at Travelers and LIIC Co-Chair; Maria Thomas, VP of Brokerage Sales & Client Relations at Friedlander Group, Inc. and LIIC Board Co-Chair) at right Charles E. Makey III.







Empire State
Development



ENERGIA ACTIVA!

Formación profesional en energía eólica, solar y renovables



United Way of Long Island's workforce development program, 'Power Up! Wind, Solar & Renewables', held its second Spanish-speaking cohort this month. This free training generously supported by Bank of America is focused on creating a foundation and pathways to secure careers in the renewable energy industry for Long Islanders.

In partnership with Pronto of Long Island, the course covered: Hands-on Training for Next-Generation in Construction, Building Science Principles, Assistance with Job Placement, and OSHA 10.

According to the New York State Department of Labor, over 10,000 new industry jobs will be available in New York State by 2030. The 2020 Census reported that Hispanic residents represented 20.2 percent of Long Island's population, growing by more than a quarter within a decade.

Since 'Power Up! Wind, Solar & Renewables' inception in 2022, there have been nearly 300 graduates. Approximately 60% have gained employment and are on the way to financial stability and careers in the energy industry through connections made in the workforce program. Many other graduates have gone on to achieve advanced training.

Power Up! graduates are proficient in the installation of clean heating and cooling technologies, high-efficiency HVAC, heat pumps, solar panels, EV Charging and the benefits of renewable energy. The program is made possible by Bank of America, New York Empire State Development, and National Grid Ventures.

The Power Up! program is open to youths, veterans, unemployed workers and those seeking new careers leading to employment in the renewable/sustainable, smart grid, and green construction industries. To learn more and/or to apply, visit www.unitedwayli.org/powerupcareertraining.



**Support Team Mission United as they
run in the 2024 TCS New York City Marathon
to benefit Long Island Veterans**

unitedwayli.org/teammissionunited

RUNNING FOR A CAUSE



Team Mission United is a dedicated group of runners who are committed to supporting United Way of Long Island's Mission United in the 2024 TCS New York City Marathon in support of Long Island's veterans.

Long Island has one of the largest veteran populations in New York State and one of the highest concentrations in the United States. Mission United provides critical programs to veterans as they transition back into civilian life including employment services, education, financial services, health and housing support.



Team Mission United Runners, Alex, Andrew, Alma, Liam, Samantha, Daniel, Abby and Thomas

For the eighth year in a row, United Way of Long Island was selected as a charity partner for the 2024 TCS New York City Marathon, which will take place on Sunday, November 3rd. United Way's Team Mission United runners are raising \$30,000 in support of U.S. military veterans and their families on Long Island. The runners came together for an appreciation dinner at United Way headquarters a week before the race. Since 2016, Team Mission United has raised more than \$210,000. The TCS New York City Marathon covers all five boroughs of the city, while attracting over 50,000 participants and finishers. The commitment this team has shown as they raise funds to benefit Long Island's veterans is inspiring.

TWU Local 252 Presents Our 7th Year of

★ ★ ★ **BETS FOR VETS** ★ ★ ★



***Honoring Our Veterans from
Transport Workers Union Local 252
And All Veterans!***

Saturday, November 9, 2024

7pm – 11pm

IBEW Local 25

370 Vanderbilt Motor Parkway • Hauppauge, New York 11788

— \$25 Admission —

Free Buffet ♦ DJ Entertainment ♠ Games & Prizes

Cash-Bar ♣ Auction Baskets ♥ Raffles



Music By

Just for The Record DJ Entertainment

Roulette • Black Jack • Big Wheel & More Gaming

Buffet • Auction Baskets & Raffles Cash Bar

Admission Only \$25

All proceeds benefit United Way of Long Island's Mission United initiative which supports programs that serve Long Island's Active Military, Veterans and their families in the areas of case management and emergency financial assistance.



More Information & Ticket Purchase
Coming Soon



Programs



United Way of Long Island celebrated its 16th Annual Stuff-A-Bus school supply distribution in partnership with Suffolk Transportation Service, Inc., delivering over \$50,000 worth of essential school supplies to elementary students across Nassau and Suffolk counties. This initiative ensures that students from all communities are equipped with the vital tools they need for academic success.

This year, the event saw tremendous success, special thanks to United Way's Young Professionals Network, which raised \$20,000 to support the program through their annual Cornhole Tournament and Networking Event. In addition, throughout August, United Way of Long Island, alongside local companies, collected essential school supplies for local students.

Stuff-A-Bus

The Success of Our Students... Starts With YOU!



On September 13, 2024, volunteers from National Grid and Zebra Technologies generously donated their time to pack school buses with boxes filled with school supplies. Their assistance with distribution ensured that thousands of local students are prepared for the school year ahead.



Several organizations and school districts received supplies from United Way of Long Island to prepare students for the academic year ahead including; ABBA Leadership, Community Development Corporation of Long Island, Colonial Youth, Hicksville Boys & Girls Club, Housing Help, Mineola Ministries, Nassau County Office of Youth Services, Pride for Youth, Pronto of Long Island, Rescue Angel, Restoration Revival, Suffolk County Sheriff's Office, SCO Family Services, The Retreat, Wings of Empowerment, Wyandanch Homes & Property, YouthBuild Long Island, and Brentwood, Central Islip, Copiague, Hicksville, Patchogue-Medford, Uniondale, Valley Stream, and Westbury school districts.



United Way of Long Island's Stuff-A-Bus program is part of a broader effort to strengthen education, a key pillar in the organization's mission to promote financial stability and opportunity for all. Since 2008, Stuff-A-Bus has delivered over 1 million back-to-school supplies to children. By providing vital supplies, Stuff-A-Bus aims to set students up with the proper tools for academic success while increasing the economic opportunity of students' families. To learn more about Stuff-A-Bus, visit www.unitedwayli.org/stuff-bus

Special Thanks to our Lead Supporters



Supporters include:

Alba Wheels Up • Amneal Pharmaceuticals • Athleta • Bethpage Federal Credit Union • Borg Insurance Agency & Associates
 The Boxery • Bulovas Restoration • Citrin Cooperman • ClearVision Optical • CNA Insurance • Coach Stores-Deer Park & Riverhead
 Cohn Reznick • CVBS • DAR- Ketewamoke NSDAR • East/West Industries • Family of Kidz • Family Wealth Decisions Group
 Flushing Bank • Gas Tech Plumbing & Heating • G-Rock Handcovers, Inc. • Girl Scouts Troop 914 • H2M Architects & Engineers
 Haugland Group • Kate Spade-Riverhead • Kids Therapy Services • Laufer LLP • Lincoln Financial Group • Local 338 RWDSU/UFCW
 Mackoul • Gabriele Marano LLP • Kimberly & Mark McElhinney • Merchants Insurance Group • The Mosquito Guido
 MSC • Narda-MITEQ • National Grid • Newsday • Oerlinkon • Oliver Inc. • Marcia & Gregy Randall • Retro Fitness
 Rotary Club of Promise • Ruskin Moscou Faltischek, Inc • Sales Master • Southern Glazer Wines and Spirits • Sands New York
 Sheehan CPA • SK Pool Care • Transdev/NICE Bus • Target-Central Islip & Commack • TTM Technologies
 Utica National Insurance • Villanova Alumni • Visiontron • VRD Contracting • W Services Group • Zebra Technologies



DREAMS FOR YOUTH
SCHOLARSHIP PROGRAM



D.R.E.A.M.S. Scholarships

DETERMINATION. REALIZATION. ENRICHMENT. ACADEMICS. MISSION. SERVICE.



Since its inception in 2002, United Way of Long Island has awarded scholarships and/or grants, in the areas of Academics & Enrichment, totaling more than \$1,000,000. The D.R.E.A.M.S. For Youth Advisory Board, comprised of 7th graders to college students, works under the guidance of United Way staff to make award decisions. The Dreams R Us Foundation provides support for D.R.E.A.M.S. For Youth scholarships.

Academic Awards - Assists with costs associated with educational goals at a college, university, private or vocational school. Applicants must be in grade 12, demonstrate financial need and a commitment to community service. Financial awards range from \$1,000 to \$4,000.



D.R.E.A.M.S. For Youth Scholarship applications open for the 2025 academic year on October 1, 2024.

For more information or to download an application visit:



www.unitedwayli.org/DREAMS

For additional information contact Biena Depena at 631.940.3719



Media

Broadcast

Print

Broadcast



To view the coverage visit: www.unitedwayli.org/SAB2024

Print



**This FREE
Program
is Now
Open**



unitedwayli.org/SDAP

Contact 211 Long Island for information and referrals related to education and support services.

2.1.1

Get Connected. Get Help.™

Dial 2-1-1, or outside of Nassau and Suffolk Counties 1-888-774-7633 and visit 211longisland.org

STUDENT DEBT ASSISTANCE PROGRAM

United Way is helping Long Islanders who are struggling with student debt to navigate the loan repayment system and gain financial stability.

We assist student loan borrowers with:

- Determining repayment options
- Developing strategies for tackling student loan debt
- Accessing student loan forgiveness resources
- Understanding your financial future
- Mediating with loan servicers and lenders
- Obtaining referrals for additional resources



Request an Appointment

Use the QR Code or visit www.unitedwayli.org/SDAP or call 631.972.5534 to request an appointment with a Student Debt Counselor. A member of our team will follow up with you to schedule a session within 24-48 hours.

United Way of Long Island is a member of the EDCAP Network.



DREAMS DO COME TRUE

The United Way of Long Island's D.R.E.A.M.S. for Youth scholarship helped eliminate roadblocks for Kristyne and allowed her to focus on her education. Knowing that people cared about her success, she spent time getting involved on campus in organizations aligning with her passion for psychology. She graduated in 2022 and is on her path to open her own practice focusing on trauma-informed therapy.

"Thank you to everyone who contributed to my success" – Kristyne.

2-1-1

Get Connected. Get Help.™

Contact 211 Long Island for information and referrals related to health and human support services. Dial 2-1-1, or outside of Nassau and Suffolk Counties 1-888-774-7633 and visit 211longisland.org



Scholarships are now open, use the QR Code to apply or visit our website at unitedwayli.org/scholarships

LONG ISLAND PRESS

**This FREE
Program
is Now
Open**



unitedwayli.org/SDAP

Contact 211 Long Island for information and referrals related to education and support services.

2-1-1

Get Connected. Get Help.™

Dial 2-1-1, or outside of Nassau and Suffolk Counties 1-888-774-7633 and visit 211longisland.org

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WORKFORCE

NYPA Board of Trustees Approves Funding for Clean Energy Workforce Training Initiatives

October 12, 2024

Paul Ciampoli

Home / periodical / article / NYPA Board of Trustees Approves Funding for Clean Energy Workforce Training Initiatives

SHARE THIS

The New York Power Authority Board of Trustees recently approved the release of \$2.55 million in funding to seven community-based organizations that will implement clean energy industry workforce development initiatives throughout New York State.

The funding stems from a NYPA commitment in the 2023-24 Enacted State Budget to support the efforts of the state's Office of Just Energy Transition (OJET).

The New York State Department of Labor established OJET last year to connect workers to opportunities for jobs in the clean energy economy through upskilling and training with a focus on serving those in under-resourced communities.

"The Power Authority is doing more than simply supplying workforce development programs with funding; it is full partner in the mission to provide New Yorkers with the training needed to succeed in the State's clean energy economy," said NYPA Chairman John Koelmel. "As part of its commitment to strengthen the pipeline of skilled workers for the clean energy industry, NYPA will continue to collaborate with local job training initiatives in communities across New York."



Subscribe to Public Power Now, APPA's podcast, to keep up with the latest news and hear from the experts in the world of public power.

In May, the NYPA Trustees [approved](#) \$2 million to support workforce development initiatives that provide employment training and employment opportunities for residents in disadvantaged communities located in the vicinity of NYPA power projects.

The NYPA Trustees approved an additional \$550,000 at their October meeting in furtherance of its commitment to create job opportunities in the clean energy field.

In this tranche of spending, \$2.55 million will be allocated to seven firms that responded to a request for proposals issued by the Power Authority in July seeking partnership opportunities. As a result of this funding award, NYPA will be helping to provide support to nearly 1,500 New Yorkers in the form of employment training in the clean energy industry.

The seven recipients are:

- ITEC Training & Education Center in Rochester
- NYC District Council of Carpenters Training Center in Manhattan
- The Resilience Education Training and Innovation Center in Brooklyn
- Soulful Synergy in Queens
- St. Nick's Alliance in Brooklyn
- United Way of Long Island in Deer Park
- Urban Green Council in Manhattan

NYPA will collaborate with the training providers to develop technical training opportunities, hands-on experience, paid internships and full-time jobs for people entering the workforce and advance training opportunities for those traditional utility workers to ensure that both new and current employees have the requisite skills and qualifications to participate in New York's clean energy field.

"The New York Power Authority funding awarded to these seven firms will support nearly 1,500 New Yorkers with upskilling and training for the clean energy jobs of tomorrow," said NYPA President and CEO Justin Driscoll. "Just as NYPA is committed to securing and supporting a reliable supply of renewable energy for New Yorkers, it is also preparing New Yorkers for careers that will help the state achieve its climate action goals."

As part of its workforce development priorities, NYPA has already committed \$12.65 million in funding to create, expand and support workforce training initiatives in partnership with local organizations and NYSDEL.

In addition to its new workforce training commitments, the 2023-24 Enacted State Budget provided NYPA with enhanced authority to develop, own and operate renewable energy generation and storage projects, either alone or in collaboration with other entities.

Under the expanded authority, NYPA's projects will support the state's renewable energy goals in the Climate Leadership and Community Protection Act, maintain an adequate and reliable supply of electric power and energy in the state, and support the new [Renewable Energy Access and Community Help \(REACH\) program](#), which will enable low-income and moderate-income electricity customers to receive bill credits through the production of renewable energy by NYPA. NYPA will publish its first biennial strategic plan for renewable energy development in January 2025.

Also Appeared in:
N.A. Clean Energy
Global Renewable News

ON OUR ISLAND



Courtesy of United Way of Long Island

United Way of LI distributes \$50K worth of school supplies

United Way of Long Island celebrated its 16th Annual Stuff-A-Bus school supply distribution in partnership with Suffolk Transportation Service, Inc., delivering over \$50,000 worth of essential school supplies to elementary students across Nassau and Suffolk counties. This initiative ensures students from all communities are equipped with the required tools for academic success.

United Way's Young Professionals Network raised \$20,000 to support the program through its Cornhole Tournament and Networking Event. In addition, throughout August, United Way of Long Island, alongside local companies, collected essential school supplies for local students.

Since 2008, Stuff-A-Bus has delivered over 1 million back-to-school supplies to children. By providing vital supplies, the program aims to set students up with the proper tools for academic success, while increasing the economic opportunity of students' families.

Noticia

Miles de estudiantes reciben útiles escolares a través del programa Stuff-A-Bus de United Way of Long Island

Noticia Long Island

10 octubre 2024



Más de \$50,000 en útiles escolares esenciales fueron donados a organizaciones comunitarias y a los distritos escolares de Brentwood, Central Islip, Copiague, Hicksville, Patchogue-Medford, Uniondale, Valley Stream y Westbury. Foto: Unitedwayli.org

United Way of Long Island celebró su 16vo. año de distribución de útiles escolares Stuff-A-Bus en asociación con Suffolk Transportation Service, Inc., entregando más de \$50,000 en útiles escolares esenciales a estudiantes de primaria en los condados de Nassau y Suffolk.

Esta iniciativa garantiza que los estudiantes de todas las comunidades estén equipados con las herramientas vitales que necesitan para el éxito académico.

Este 2024, el evento tuvo un gran éxito, gracias especialmente a la Red de Jóvenes Profesionales de United Way, que recaudó \$20,000 para apoyar el programa a través de su Torneo de Cornhole y Evento de Networking anual.

Además, durante todo el mes de agosto, United Way of Long Island, junto con empresas locales, recogió útiles escolares para los estudiantes locales.



El 13 de septiembre de 2024, voluntarios de National Grid y Zebra Technologies donaron generosamente su tiempo para llenar autobuses escolares con cajas llenas de útiles, incluidas mochilas, bolígrafos, lápices, marcadores, carpetas, fichas, barras de pegamento y más, y los entregaron a los estudiantes de los distritos escolares de Brentwood y Central Islip.

Su ayuda con la distribución aseguró que miles de alumnos de Long Island estén preparados para el año escolar que comienza.

«Cuando proporcionamos útiles de calidad a nuestros estudiantes, aliviarnos las cargas financieras y les permitimos concentrarse en el aprendizaje. United Way está sumamente agradecida con todos nuestros seguidores y colaboradores que ayudan a hacer realidad Stuff-A-Bus», dijo Theresa Regnante, presidenta y directora ejecutiva de United Way de Long Island.



Por su parte, Victor Vientos, director de ingeniería de National Grid, señaló, «En National Grid, servir a nuestros clientes y a la comunidad es algo natural, pero trabajar con United Way y asociarnos con Stuff A Bus para poder ayudar a los estudiantes a comenzar el año escolar de la manera correcta es realmente un honor».

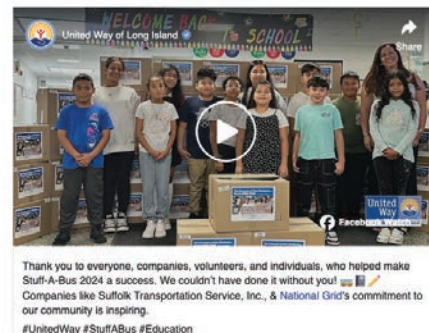
Varias organizaciones y distritos escolares recibieron suministros de United Way de Long Island para preparar a los estudiantes para este año académico, entre ellos:

ABBA Leadership, Community Development Corporation of Long Island, Colonial Youth, Hicksville Boys & Girls Club, Housing Help, Mineola Ministries, Nassau County Office of Youth Services, Pride for Youth, Pronto of Long Island, Rescue Angel, Restoration Revival, Suffolk County Sheriff's Office, SCO Family Services, The Retreat, Wings of Empowerment, Wyandanch Homes & Property, YouthBuild Long Island, y los distritos escolares de Brentwood, Central Islip, Copiague, Hicksville, Patchogue-Medford, Uniondale, Valley Stream y Westbury.

Stuff-A-Bus contó con más de 40 empresas contribuyentes y patrocinadores principales, entre los que se incluyen:

Suffolk Transportation Service, Inc.; Esquire Bank; Local 338 RWDSU UFCW; Green Acres; National Grid; National Grid Ventures; RXR; Merchants Insurance Group; and Sheehan Accountants & Advisors.

Los principales patrocinadores de Stuff-A-Bus de la Red de Jóvenes Profesionales son: Bulovas Restoration Inc.; Bethpage Federal Credit Union; The Mosquito Guido; Gas Tec Plumbing and Heating; SK Pool Care; Ruskin Moscou Faltischek, P.C.; Flushing Bank; Clear View Building Services; Borg Insurance Agency & Associates; y G-Rock Handcovers Inc.



El programa Stuff-A-Bus de United Way of Long Island es parte de un esfuerzo más amplio para fortalecer la educación, un pilar clave en la misión de la organización de promover la estabilidad financiera y las oportunidades para todos.

Desde 2008, Stuff-A-Bus ha entregado más de 1 millón de útiles escolares a los niños. Al proporcionar suministros educativos vitales, Stuff-A-Bus tiene como objetivo proporcionar a los estudiantes las herramientas adecuadas para el éxito académico y, al mismo tiempo, aumentar las oportunidades económicas de las familias de los estudiantes.

Para más información sobre esta loable iniciativa visite <https://www.unitedwayli.org/stuff-bus>.



CORDELLO AVENUE ELEMENTARY SCHOOL



[HOME](#) / [NEWS & ANNOUNCEMENTS](#)

Stuff-a-Bus Success! Cordello Receives 200 Boxes of Supplies



STUFF-A-BUS SUCCESS! CORDELLO RECEIVES 200 BOXES OF SUPPLIES

September 13, 2024

Cordello Elementary School was the recipient of nearly 200 boxes filled with school supplies for students to successfully complete their school assignments.

The United Way of Long Island, Zebra Technologies, and Suffolk Transportation Service teamed up to provide the school items under their Stuff-a-Bus initiative. Students, under the guidance of Cordello Elementary School Principal Dr. Nathaniel Marner, unloaded the bus filled with boxes of supplies for school officials to appropriately distribute to students in the school community.

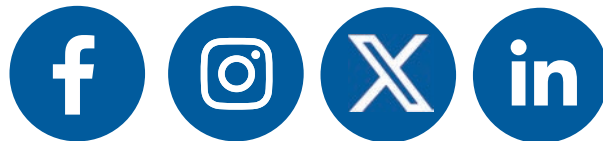
News 12 Long Island was on hand to provide coverage of the event. Superintendent of Schools Dr. Sharon A. Dungee acknowledged the generosity of the United Way of Long Island, Zebra Technologies, and Suffolk Transportation Service, Inc. for their extremely generous donation of which the students of Cordello Elementary School will be the beneficiaries.


This marks the 16th consecutive year in which Cordello Elementary has been the beneficiary of the Stuff-a-Bus initiative.

[PHOTO GALLERY HERE](#)



Social Media




United Way of Long Island 
Published by Loomly

October 10 at 12:09 PM · 🌐

Today, we recognize all of our partner agencies for their critical work in mental health. Thank you.

[#UnitedWayLI](#) [#LiveUnited](#) [#MentalHealth](#)



A graphic for World Mental Health Day. It features a yellow face with closed eyes and a smile. Inside the head is a white brain. Growing out of the brain are two daisies and two sprigs of leafy plants. Above the head, the words "WORLD MENTAL HEALTH DAY" are written in a dark blue, bold, sans-serif font, following a slight upward curve. Below the face, the hashtag "#MentalHealthMatte" is written in a dark blue, serif font.

#MentalHealthMatte



United Way of Long Island 
Published by Loomly
- October 15 at 3:17 PM · 

The next Team Mission United Runner we are highlighting is Kate! To support our 2024 runners, visit www.justgiving.com/campaign/tmu2024. #MissionUnited #LiveUnited

MEET KATE

MEET KATE

Kate is a Presbyterian minister, currently serving as the Executive Presbyterian for the Presbytery of Long Island, and a mom of three teenagers. She has run off and on throughout her life, including one previous marathon: the Marine Corps Marathon in Washington, D.C., in 2000. She is a slow and steady runner—finishing is her only goal!



TEAM MISSION UNITED

KATE'S WHY:

"I TURN 50 THIS YEAR AND DECIDED ANOTHER MARATHON WOULD BE MEANINGFUL. AND I'M INCREDIBLY HONORED TO BE RUNNING TO SUPPORT SERVICES FOR VETERANS ON LONG ISLAND AS PART OF TEAM MISSION UNITED."



TEAM MISSION UNITED



United Way of Long Island

Published by Loomly

October 8 at 1:43 PM

MEET SAMANTHA

MEET SAMANTHA

Samantha is an attorney at Ruskin Moscov Faltischeck, P.C. She grew up playing sports and played lacrosse through college. 10 years after college, she decided to get back into running and signed up for her first half marathon last year. She had never run long distance before but she wanted to challenge herself and see if she could do it. She finished the race and felt so accomplished. She decided she was going to keep going. Samantha enjoys pushing her limits and setting new personal records.

TEAM MISSION UNITED



SAMANTHA'S WHY:

"IT'S ABOUT PROVING TO MYSELF THAT I CAN DO HARD THINGS"

TEAM MISSION UNITED





United Way of Long Island 🌐
Published by Scot Mario
🕒 October 3 at 8:56 AM · 📍

Court challenges have disrupted income-driven repayment plans, including the new SAVE plan, and federal forgiveness programs. In this FREE webinar, we'll provide the latest guidance to help you navigate these changes, get on track for debt relief, and avoid default. To Register for this event visit:

<https://us02web.zoom.us/j/8121212121?pwd=QkZkdjRlYkVnYkNlcUJHNTBldDZkdz09>



MANAGING STUDENT LOAN DEBT

in these uncertain times | webinar

October 8 • 6pm-7pm



United Way of Long Island

Published by Loomly

September 18

Thank you to everyone, companies, volunteers, and individuals, who helped make Stuff-A-Bus 2024 a success. We couldn't have done it without you! 📦🚐👷 Companies like [Suffolk Transportation Service, Inc.](#), & [National Grid](#)'s commitment to our community is inspiring.

#UnitedWay #StuffABus #Education



See insights and ads

Boost post



United Way of Long Island

Published by Loomly

September 20

The 28th annual Long Island Insurance Community Gala honoring Charles Makey III was a huge success! Thank you to all the sponsors and network of friends who continue to lend support year after year. To read more about it, visit l-i-i-c.org/2024-liic-annual-gala/.

#UnitedWayli



See insights and ads

Boost post



United Way of Long Island

Reels · Sep 18



Vic Vientes
Director of Operations
National Grid

Thank you to everyone, companies, volunteers, and individuals, who helped make Stuff-A-Bus 2024 a success. We couldn't have done it without you! 📦🚐👷 ... See more



United Way of Long Island

Published by Loomly

September 26 at 12:23 PM

¿Luchando con la deuda estudiantil? El Programa de Asistencia de Deuda Estudiantil de United Way Long Island está aquí para ayudarte. Ofrecemos opciones de pago, condonación de préstamos y mediación con prestamistas. ¡Solicita ayuda hoy! #LibertadFinanciera #UnitedWay



2-1-1
Get Connected. Get Help.™

edcap
Education Debt
Consumer Assistance
Program

PROGRAMA DE ASISTENCIA PARA DEUDA ESTUDIANTIL


United Way está ayudando a los habitantes de Long Island que tienen dificultad con la deuda estudiantil a navegar el sistema de pago de préstamos y obtener estabilidad financiera.

Podemos ayudar a quienes tienen préstamos estudiantiles con:

- Determinación de opciones de pago.
- Desarrollo de estrategias para hacer frente a la deuda.
- Acceso a recursos de condonación de préstamos estudiantiles.
- Entender su futuro financiero.
- Mediación con administradores de préstamos y prestamistas.
- Obtener referencias a recursos financieros adicionales.

United Way of Long Island es miembro de la Red EDCAAP.

www.unitedwayli.org/SDAP




United Way of Long Island

Published by Loomly

September 6

Flushing Bank helped transform our Community Garden over the summer. Employees volunteered to roll up their sleeves and grab shovels to make this space into one that everyone can enjoy. Thank you, Flushing Bank!

#Volunteer #UnitedWayLI



[See insights and ads](#)

Boost post



United Way of Long Island

Published by Loomly

August 27

"I'm so grateful to have the opportunity to raise money for our veterans and Team United. I can't wait to see everyone this fall!" To support our 2024 runners, visit <https://www.justgiving.com/campaign/tmu2024>. #missionunited #liveunited

MEET JOSEPH

Joseph is the assistant vice president of Suffolk Transportation Services, a family-owned company that operates school buses, fixed route transit, and provides para-transit services. He ran cross country in high school and after a brief hiatus, in his senior year of college he met a girl and he rediscovered his love for long distance running. He ran his first half marathon that year with her and now, exactly two years later, he is grateful for the amazing opportunity to run with his girlfriend in the New York City marathon!



TEAM MISSION UNITED

JOSEPH'S WHY:

"YOU NEVER KNOW WHERE LIFE WILL TAKE YOU. SAY YES TO NEW OPPORTUNITIES, CONTINUE CHALLENGE YOURSELF MENTALLY AND PHYSICALLY, AND NEVER TURN DOWN AN OPPORTUNITY TO SUPPORT A GREAT CAUSE."



TEAM MISSION UNITED



United Way of Long Island

Published by Loomly

September 3

Abby says "I know the impact that being in the U.S. military can have on not only an individual, but on an entire family, and I am privileged and honored to give back in any capacity that I can!" To support our 2024 runners, visit <https://www.justgiving.com/campaign/tmu2024>. #missionunited #liveunited

MEET ABBY

Abby's dad has been a runner for her entire life. When she was 10, she ran her first 5k with him and won the "13 and under" category. She became more serious about running during her freshman year of college and has run four half marathons and one full marathon since. She has always said if she had the chance to run the New York City marathon, she would come out of "retirement." Abby is excited to give back to our veterans and their families while achieving a bucket list item. Running has been life changing for Abby because she found something that allows her to overcome mental health struggles and the voice in her head telling her "you can't do it."



TEAM MISSION UNITED

ABBY'S WHY:

"I WANT TO SHOW PEOPLE THAT YOUR ONLY LIMIT IS YOUR MIND. IF YOU WORK AT SOMETHING AND BELIEVE YOU CAN ACCOMPLISH IT, YOU WILL BE SURPRISED AT HOW MUCH YOU CAN DO."



TEAM MISSION UNITED



Thank You