





UNITED WAY OF LONG ISLAND

Health Impact Report

Over the years, FamilyWize and United Way have partnered to help almost 10 million people save more than \$1 billion on the prescription medications they need. This effort has helped improve the health and financial stability of individuals and families in our communities nationwide.

The report is in: The annual healthcare costs for a family of 4 are now averaging \$25,000. According to the annual *Millman Medical Index* analysis, this represents an increase of \$1,155 over last year's costs, and it is triple what healthcare costs were in 2001. It's anticipated that family healthcare costs will rise another 4.7% this year alone. The cause of increasing healthcare costs is due to two main factors:

- 1. A reduction in employer contributions
- 2. A rise in prescription drug costs

Cost is a major reason people do not purchase their medications. It is vital for everyone to have affordable access to their prescriptions and take them as prescribed. Educating community members about their options when filling prescriptions will empower them to take better control of their health and medication costs.

Together, we can make a measurable impact on the health and financial stability of our communities.

